

GYROS PUI/PORC/MIXT

Pita 350gr – Carne pui/porc/mixt 100gr, cartofi 50gr, rosii 15gr, ceapa 15gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri) 70gr

Pita 500gr - Carne pui/porc/mixt 150 gr, cartofi 100 gr, rosii 30gr, ceapa 30gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri) 100gr

Farfurie 650gr - Carne pui/porc/mixt 200gr, cartofi 150 gr, rosii 40gr, ceapa 40gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri) 120gr

Ingrediente :

Carne pui 92%, apa, sare condiment, aroma de lamaie, proteina de soia, cartofi pisati, curry, acetat sodium, citrat de sodium, antioxidanti, acid ascorbic.

Valori nutritionale 100gr : 1033kj, 247 kcal, grasime 19gr, acizi grasi saturati 5gr, carbohidrati 0.3gr, proteina 18gr, sare 1gr

Carne porc 93%, apa, ceapa, sare, condiment, proteina de soia, cartofi pisati, curry, fibre de grau, mustar, acetat de sodium, citrate de sodium, antioxidanti, acid ascorbic

Valori nutritionale 100gr : 1317kj, 315 kcal, grasime 28gr, acizi grasi saturati 10gr, carbohidrati 10gr, proteina 14gr, sare 0.9gr

Alergeni: Poate contine urme de mustar, lactoza, oua. Produs Congelat

Cartofi

Valori nutritionale 100gr : 512kj, 123kcal, proteina 2.40gr, grasimi 3.20gr, grasimi saturate 0.40, grasimi trans 0, carbohidrati 19.80gr, fibre 2.5gr, sare 20mg. Produs Congelat.

Pita

Ingrediente : faina de grau, apa, faina seara, drojdie, ulei vegetal floarea soarelui, zahar, sare, conservant propionate de calciu

Valori nutritionale 100gr : 1189kj, 282kcal, grasimi 5gr, grasimi saturate 0.8gr, carbohidrati 48,9gr, zahar 3.8gr, fibre 3.5gr, proteina 8.5gr, sare 1.51gr

Alergeni: Poate contine urme de ou, soia, lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal, grasimi 0.2gr, proteina 0.9gr, carbohidrati 3.9gr, fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal, grasimi 0.1gr, proteina 1.2, carbohidrati 8.3gr, fibre 1.4gr

Tyrocafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

SOUVLAKI PUI/PORC

Pita 550gr - Carne 150 gr, cartofi 100 gr, rosii 30gr, ceapa 30gr, pita 100gr, sos(tzatziki, maioneza castraveti, tyrocafteri) 100gr

Farfurie 650gr - Carne 200gr, cartofi 150 gr, rosii 40gr, ceapa 40gr, pita 100gr, sos(tzatziki, maioneza castraveti, tyrocafteri) 120gr

Ingrediente :

Piep pui dezodat – Valori nutritionale 100gr : 114kcal,grasimi 2.6gr,proteina 21.2gr,carbohidrati 0gr,fibre 0gr. Produs proaspat

Ceafa porc – Valori nutritionale 100gr : 194kcal,protein 19.6gr,grasimi 12.3gr,carbohidrati 0gr,fibre 0gr.Produs proaspat

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Pita

Ingrediente : faina de grau,apa,faina secura,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr :1189kj, 282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Alergeni: Poate contine urme de urme de ou,soia,lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabilizator(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

SOUVLAKI PUI CU BACON

Pita 500gr - Carne 150 gr, cartofi 100 gr, rosii 30gr, ceapa 30gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri)100gr

Farfurie 650gr - Carne 200gr, cartofi 150 gr, rosii 40gr, ceapa 40gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri)150gr

Ingrediente :

Carne de pui dezosata 70%,bacon afumat 29%,carne de porc 85%,apa,sare,amidon de cartofi,dextroza,gelatina,saruri trifosfate,proteine din lapte,aroma imbunatatire,glutamate monosodic,antioxidanti,proteina din soia,nitrat de sodiu,extract de drojdie,condiment produse afumate,arome,acetat de sodiu,citrate de sodiu,antioxidanti:ascorbat de sodiu,acid ascorbic.

Produs Congelat

Valori nutritionale 100gr : 156kcal/548kj,grasimi 8.2gr,grasimi saturate 3.1gr,carbohidrati 0.4gr,zahar 0.2gr,fibre 0gr,proteine 19.1gr,sare 1.8gr

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg. Produs Congelat.

Pita

Ingrediente : faina de grau,apa,faina secura,drojdie,uilei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr :1189kj, 282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Alergeni: Poate contine urme de ou,soia,lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

BIFTEKI VITA/PORC

Pita 500gr - Carne 150 gr,cartofi 100 gr,rosii 30gr,ceapa 30gr,pita 100gr,sos (tzatziki,maioneza castraveti,tyrocafteri)100gr

Farfurie 650gr - Carne 200gr,cartofi 150 gr,rosii 40gr,ceapa 40gr,pita 100gr,sos(tzatziki,maioneza castraveti,tyrocafteri) 150gr

Ingrediente :

Carne tocata 87%(carne vita,carne porc),apa,sare,zaharuri,dextroza,drojdie,faina de grau,protein din soia,amidon din cartofi,fibre de grau,legume deshidratate,patrunjel,condiment,mustar(contine soia),acid citric,agent de inmuiere:bicarbonat de sodiu

Poate contine urme de lactoza,oua. Produs congelat.

Valori nutritionale 100gr:1217kj/281kcal,grasimi 24gr,grasimi saturate 10gr,carbohidrati 2gr,zahar 0gr,fibre 1gr,protein 17gr,sare 2gr

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Pita

Ingrediente : faina de grau,apa,faina seara,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr :1189kj, 282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Alergeni: Poate contine urme de oue,soia,lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabilizator(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Valori nutritionale 100gr : 123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.

CARNAT GRECESC

Pita 500gr - Carne 150 gr, cartofi 100 gr, rosii 30gr, ceapa 30gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri)100gr

Farfurie 650gr - Carne 200gr, cartofi 150 gr, rosii 40gr, ceapa 40gr, pita 100gr, sos(tzatziki, maioneza castraveti, tyrocafteri) 150gr

Ingrediente : 63% carne de porc, 7% carne de curcan, 20% grăsimi, 7% praz, sare, condimente, extract de paprika, grâu, sirop de glucoză, maltodextrină.

Conservanți: nitrit de sodiu. Antioxidant: sarcobarbital de sodiu.

Emulsifiant: polifosfați de sorbitol, regulator de aciditate: acid citric.

Intensificator de aromă: glutamat de sodiu.

Produsul poate conține Urme de muștar, țelină, ouă și lapte. Produs congelat.

Valori nutritionale 100gr :1237kj,233kcal,grasimi 26.31gr,acizi grasi saturati 10,1gr,carbohidrati 2.1,fibre 0.1gr,proteine 13.35gr,sare 1.45gr

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Pita

Ingrediente : faina de grau,apa,faina seara,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr :1189kj, 282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Alergeni: Poate contine urme de urme de ou,soia,lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,proteina din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabilizator(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,proteina 0.2gr,sare 1.5gr

Castraveti murati

Tzatziki

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,proteina 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

SNITEL DE PUI

Pita 500gr - Carne 150 gr, cartofi 100 gr, rosii 30gr, ceapa 30gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri) 100gr

Farfurie 650gr - Carne 200gr, cartofi 150 gr, rosii 40gr, ceapa 40gr, pita 100gr, sos (tzatziki, maioneza castraveti, tyrocafteri) 150gr

Ingrediente : Carne de pui 60%, pesmet (faina de grau, dextroza, sare, drojdie), ou, ulei vegetal (floarea soarelui, rapita), apa, sare, amidon de tapioca, maltodextrine. Produs congelat.

Valori nutritionale 100gr : 852kj/204kcal, grasimi 10.5gr, acizi grasi saturati 1.2gr, glucide 14gr, zaharuri 0.7gr, proteine 13gr, sare 1.8gr

Cartofi

Valori nutritionale 100gr : 512kj, 123kcal, proteina 2.40gr, grasimi 3.20gr, grasimi saturate 0.40, grasimi trans 0, carbohidrati 19.80gr, fibre 2.5gr, sare 20mg. Produs Congelat.

Pita

Ingrediente : faina de grau, apa, faina seara, drojdie, ulei vegetal floarea soarelui, zahar, sare, conservant propionate de calciu

Valori nutritionale 100gr : 1189kj, 282kcal, grasimi 5gr, grasimi saturate 0.8gr, carbohidrati 48,9gr, zahar 3.8gr, fibre 3.5gr, proteina 8.5gr, sare 1.51gr

Alergeni: Poate contine urme de ou, soia, lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal, grasimi 0.2gr, proteina 0.9gr, carbohidrati 3.9gr, fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal, grasimi 0.1gr, proteina 1.2, carbohidrati 8.3gr, fibre 1.4gr

Tyrocafteri

Ingrediente : Amestec de branza 50%, branza de lapte, branza alba, edesma (lapte degresat, ulei de palmier, protein din lapte, emulgatori : monodigliceride acizi grasi, stabilizatori: amidon modificat, gelatin, fermenti lactici) maioneza (ulei rafinat de soia, apa, galbenusuri de oua, otet de vin, mustar. Stabilizatori: amidon modificat, guma xantan, guma guar, regulator de aciditate, acid citric), apa, ardei verzi picante 4%, amidon modificat, sare, arome, conservanti, sorbat potasiu, benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal, grasimi 22.4gr, acizi grasi saturati 11.4gr, glucide 2.8gr, zahar 1.1gr, proteina 9.7gr, sare 1.8gr

Poate contine urme de celerie, soia, peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

Iaurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

SALATA GRECEASCA

Farfurie – Rosii 100gr,ceapa 100gr,ardei gras 100gr,castraveti 100gr,masline 100gr,branza feta 100gr,pita 100gr,ulei masline 30ml

Ingrediente :

Pita

Ingrediente : faina de grau,apa,faina seara,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr : 1189kj/282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Poate contine urme de urme de ou,soia,lapte.Produs congelat.

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Ardei gras

Valori nutritionale 100gr: 27kcal,proteine 1gr,grasimi 0.2gr,carbohidrati 6.2,fibre 0.9gr

Castraveti

Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Masline kalamon

Valori nutritionale 100gr : 200kcal/824kj,grasimi 18.6gr,grasimi saturate 3.1gr,carbohidrati 2.4gr,zahar 0.1gr,fibre 8.7gr,protein 1.5gr,sare 5.40gr

Branza feta

Ingrediente: lapte degresat pasteurizat,ulei de palmier certificate 21%,lapte praf,cheag microbian,amidon modificat,cultura starter,sare

Valori nutritionale 100gr : 1089kj/263kcal,grasimi 21gr,carbohidrati 0.7gr,zahar 2.3gr,protein 10gr,sare 3.2gr

Ulei masline

Valori nutritionale 100gr: 3389kj/824kcal,grasimi 91.6gr,acizi grasi saturati 12.8gr,proteine 0gr,sare 0gr

SALATA HELIOS

Farfurie – Carne 100gr gyros/snitel pui,souvlaki pui/porc,Rosii 100gr,ceapa 100gr,ardei gras 100gr,castraveti 100gr,masline 100gr,branza feta 100gr,pita 100gr,ulei masline 30ml

Ingrediente :

Pita

Ingrediente : faina de grau,apa,faina secura,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu. Produs congelat .

Valori nutritionale 100gr : 1189kj/282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Poate contine urme de urme de ou,soia,lapte

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Ardei gras

Valori nutritionale 100gr: 27kcal,proteine 1gr,grasimi 0.2gr,carbohidrati 6.2,fibre 0.9gr

Castraveti

Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Masline kalamon

Valori nutritionale 100gr : 200kcal/824kj,grasimi 18.6gr,grasimi saturate 3.1gr,carbohidrati 2.4gr,zahar 0.1gr,fibre 8.7gr,protein 1.5gr,sare 5.40gr

Branza feta

Ingrediente: lapte degresat pasteurizat,ulei de palmier certificate 21%,lapte praf,cheag microbian,amidon modificat,cultura starter,sare

Valori nutritionale 100gr : 1089kj/263kcal,grasimi 21gr,carbohidrati 0.7gr,zahar 2.3gr,protein 10gr,sare 3.2gr

Ulei masline

Valori nutritionale 100gr: 3389kj/824kcal,grasimi 91.6gr,acizi grasi saturati 12.8gr,proteine 0gr,sare 0gr

Gyros pui/porc - Carne pui 92%,apa,sare condiment,aroma de lamiae,proteina de soia,cartofi pisati,curry,acetat sodium,citrat de sodium,antioxidanti,acid ascorbic.

Valori nutritionale 100gr : 1033kj,247 kcal,grasime 19gr,acizi grasi saturati 5gr,carbohidrati 0.3gr,proteina 18gr,sare 1gr

Carne porc 93%,apa,ceapa,sare,condiment,proteina de soia,cartofi pisati,curry,fibre de grau,mustar,acetat de sodium,citrate de sodium,antioxidanti,acid ascorbic. Produs congelat

Valori nutritionale 100gr : 1317kj,315 kcal,grasime 28gr,acizi grasi saturati 10gr,carbohidrati 10gr,proteina 14gr,sare 0.9gr. Produs congelat.

Piep pui dezosat – Valori nutritionale 100gr : 114kcal,grasimi 2.6gr,proteina 21.2gr,carbohidrati 0gr,fibre 0gr

Ceafa porc – Valori nutritionale 100gr : 194kcal,protein 19.6gr,grasimi 12.3gr,carbohidrati 0gr,fibre 0gr

Snitel de pui – Valori nutritionale 100gr : 852kj/204kcal,grasimi 10.5gr,acizi grasi saturati 1.2gr,glucide 14gr,zaharuri 0.7gr,proteine 13gr,sare 1.8gr.

Ingrediente : Carne de pui 60%,pesmet(faina de grau,dextroza,sare,drojdie),ou,ulei vegetal(floarea soarelui,rapita),apa,sare,amidon de tapioca,maltodextrine. Produs congelat

CARTOFI TZATZIKI

Farfurie 200gr – cartofi 150gr,tzatziki 50gr

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

MENIU CRISPY 4 BUC

Farfurie 500gr – cartofi 150gr,sos 80gr(tzatziki,tyrocafteri,sweetchilly,maioneze usturoi,maioneza castrveti murati,tyrocafteri) ,aripioare/crispy strips 300gr

Crispy Strips

Ingrediente : File din piept de pui 83%(UE-NON UE),faina de grau,ulei de rapita,amidon de grau,sare,amidon de orez,agenti crestere(difosfati,carbonate de sodiu)plante hidrolizat(grau),maltodextrina,condiment,stabilizator(citrate de sodiu,arome natural,legume uscate(telina,usturoi),fibre citrice,aciditate regulator,extracte condiment,colorant(extract de boia)

Valoare nutritioala 100gr : 748kj/178kcal,grasimi 7.4gr,acizi grasi saturati 1gr,carbohidrati 8.2gr,zaharuri 0.5gr,proteine 19gr,sare 2.1gr

Produs pane,prajit,copt,rumenit,congelat rapid.Produs congelat

Aripioare

Ingrediente : Aripioare de pui 83%, faina de grau,ulei de rapita,amidon de grau,sare,amidon de orez,agenti crestere(difosfati,carbonate de sodiu)plante hidrolizat(grau),condiment,arome natural,pudra usturoi,extracte de condiment,colorant(extract de boia)

Valori nutritionale 100gr :1039kj/249kcal,grasimi 16gr,acizi grasi saturati 3.7gr,carbohidrati 9.8gr,zaharuri 0.9gr,proteine 16gr,sare 2.1gr

Produs pane,prajit,copt,rumenit,congelat rapid.Produs congelat

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Maioneza usturoi

Ingrediente : Dioxid de sulf in mod natural

Valori nutritionale 100gr: 331kcal,glucide 72.73gr,proteine 16gr,grasimi 0.73gr,fibre 9gr,sare 60gr

Sweet chili

Ingrediente : Zahar, apa, ardei rosu iute (18%), usturoi, sare, agent de ingrosare: amidon de porumb modificat E1422, regulator de aciditate: acid acetic E260.

Valori nutritionale 100gr: 776kj/183kcal, grasimi 0.5gr, acizi grasi saturati 0.5gr, carbohidrati 45gr, zahar 41gr, proteine 0.5gr, sare 2.9gr

MENIU CRISPY 8 BUC

Farfurie 900gr – cartofi 300gr, sos 150gr (tzatiki, tyrocafteri, sweetchilly, maioneze usturoi, maioneza castrveti murati, tyrocafteri) , aripioare/crispy strips 500gr

Crispy Strips

Ingrediente : File din piept de pui 83%(UE-NON UE), faina de grau, ulei de rapita, amidon de grau, sare, amidon de orez, agenti crestere(difosfati, carbonate de sodiu) plante hidrolizat(grau), maltodextrina, condiment, stabilizator(citrate de sodiu, arome natural, legume uscate(telina, usturoi), fibre citrice, aciditate regulator, extracte condiment, colorant(extract de boia)

Valoare nutritioala 100gr : 748kj/178kcal, grasimi 7.4gr, acizi grasi saturati 1gr, carbohidrati 8.2gr, zaharuri 0.5gr, proteine 19gr, sare 2.1gr

Produs pane, prajit, copt, rumenit, congelat rapid. Produs congelat

Aripioare

Ingrediente : Aripioare de pui 83%, faina de grau, ulei de rapita, amidon de grau, sare, amidon de orez, agenti crestere(difosfati, carbonate de sodiu) plante hidrolizat(grau), condiment, arome natural, pudra usturoi, extracte de condiment, colorant(extract de boia)

Valori nutritionale 100gr : 1039kj/249kcal, grasimi 16gr, acizi grasi saturati 3.7gr, carbohidrati 9.8gr, zaharuri 0.9gr, proteine 16gr, sare 2.1gr

Produs pane, prajit, copt, rumenit, congelat rapid. Produs congelat

Cartofi

Valori nutritionale 100gr : 512kj, 123kcal, proteina 2.40gr, grasimi 3.20gr, grasimi saturate 0.40, grasimi trans 0, carbohidrati 19.80gr, fibre 2.5gr, sare 20mg. Produs Congelat.

Tyrokafteri

Ingrediente : Amestec de branza 50%, branza de lapte, branza alba, edesma(lapte degresat, ulei de palmier, protein din lapte, emulgatori : monodigliceride acizi grasi, stabilizatori: amidon modificat, gelatin, fermenti lactici) maioneza(ulei rafinat de soia, apa, galbenusuri de oua, otet de vin, mustar. Stabilizatori: amidon modificat, guma xantan, guma guar, regulator de aciditate, acid citric), apa, ardei verzi picante 4%, amidon modificat, sare, arome, conservanti, sorbat potasiu, benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal, grasimi 22.4gr, acizi grasi saturati 11.4gr, glucide 2.8gr, zahar 1.1gr, proteina 9.7gr, sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Maioneza usturoi

Ingrediente : Dioxid de sulf in mod natural

Valori nutritionale 100gr: 331kcal,glucide 72.73gr,proteine 16gr,grasimi 0.73gr,fibre 9gr,sare 60gr

Sweet chili

Ingrediente : Zahar, apa, ardei rosu iute (18%), usturoi, sare, agent de ingrosare: amidon de porumb modificat E1422, regulator de aciditate: acid acetic E260.

Valori nutritionale 100gr: 776kj/183kcal,grasimi 0.5gr,acizi grasi saturati 0.5gr,carbohidrati 45gr,zahar 41gr,proteine 0.5gr,sare 2.9gr

MENIU CRISPY 16 BUC

Farfurie 1600gr – cartofi 400 gr,sos 200gr (tzatiki,tyrocafteri,sweetchilly,maioneze usturoi,maioneza castrveti murati,tyrocafteri) ,aripioare/crispy strips 1000gr

Crispy Strips

Ingrediente : File din piept de pui 83%(UE-NON UE),faina de grau,ulei de rapita,amidon de grau,sare,amidon de orez,agenti crestere(difosfati,carbonate de sodiu)plante

hidrolizat(grau),maltodextrina,condiment,stabilizator(citrate de sodiu,arome natural,legume uscate(telina,usturoi),fibre citrice,aciditate regulator,extracte condiment,colorant(extract de boia)

Valoare nutritioala 100gr : 748kj/178kcal,grasimi 7.4gr,acizi grasi saturati 1gr,carbohidrati 8.2gr,zaharuri 0.5gr,proteine 19gr,sare 2.1gr

Produs pane,prajit,copt,rumenit,congelat rapid.Produs congelat

Aripioare

Ingrediente : Aripioare de pui 83%, faina de grau,ulei de rapita,amidon de grau,sare,amidon de orez,agenti crestere(difosfati,carbonate de sodiu)plante hidrolizat(grau),condiment,arome natural,pudra usturoi,extracte de condiment,colorant(extract de boia)

Valori nutritionale 100gr :1039kj/249kcal,grasimi 16gr,acizi grasi saturati 3.7gr,carbohidrati 9.8gr,zaharuri 0.9gr,proteine 16gr,sare 2.1gr

Produs pane,prajit,copt,rumenit,congelat rapid.Produs congelat

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

Iaurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Maioneza usturoi

Ingrediente : Dioxid de sulf in mod natural

Valori nutritionale 100gr: 1384kj/331kcal,glucide 72.73gr,proteine 16gr,grasimi 0.73gr,fibre 9gr,sare 60gr

Sweet chili

Ingrediente : Zahar, apa, ardei rosu iute (18%), usturoi, sare, agent de ingrosare: amidon de porumb modificat E1422, regulator de aciditate: acid acetic E260.

Valori nutritionale 100gr: 776kj/183kcal,grasimi 0.5gr,acizi grasi saturati 0.5gr,carbohidrati 45gr,zahar 41gr,proteine 0.5gr,sare 2.9gr

IAURT GRECESC

Cupa 250gr – Iaurt grecesc 200gr,miere 20gr,nuca 30gr

Ingrediente :

Iaurt – Valori nutritionale 100gr: 506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Miere – Valori nutritionale 100gr : 1271kj/304kcal,carbohidrati 75gr

Nuca – Valori nutritionale 100gr : 2979kj/712kcal,proteine 15.5gr,grasimi 69.1gr,carbohidrati 8gr,fibre 6.7gr

CLATITA CIOCOLATA/DULCEATA

Clatita 200gr – aluat clatite 100gr,ciocolata 100gr/dulceata (visine,zmeura,affine,capsuni) 100gr

Ingrediente : Faina de grau,ou integral pulbere,zahar,zer pulbere,grasime vegetala de palmier,amidon modificat,stabilizator guma guar,proteine din lapte,faina de soia,sare iodată,emulsifiant lecitina de soia,corrector de aciditate pirofosfat,acid de sodiu,agent de afanare bicarbonate de sodiu,arome,coloranti beta carotene,riboflavin

Valori nutritionale 100gr : 950kj,227kcal,grasimi 10gr,acizi grasi saturati 2.1gr,carbohidrati 28gr,zaharuri 2gr,proteine 6gr,sare 1gr.

Ciocolata

Ingrediente : zahar,ulei vegetal de rapita,cacao cu continut redus de grasime,pasta de alune 4%,gluten de grau,emulsifiant lecitina de soia,arome zahăr, ulei de palmier, alune 13%, cacao degresată pudră 7,4%, lapte praf degresat 6,6%, zer praf, emulsionanț: lecitină(soia) și vanilină.

Valori nutritionale 100gr : 2263.5kj,541kcal,glucide 62.2gr,proteine 5.4gr,grasimi 29.7gr,fibre 5.4gr

Dulceata

Ingrediente : (zmeura,afina,visine,capsuni) 45%, zahar, sirop de glucoza-fructoza, acidifiant: acid citric.

Valori nutritionale 100gr : 1252kj,295kcal,grasimi 0.30gr,glucide 72gr,zaharuri 65gr,fibre 1.17gr,proteine 0.02gr

PLATOU HELIOS

Platou Helios 2150gr – Carne gyros pui/porc/mixt 150gr,carnat grecesc 100gr,bifteki vita-porc 100gr,snitel pui 200gr,souvlaki pui-bacon 150gr,masline 100gr,pita 300gr,cartofi 500gr,rosii 100gr,ceapa 100gr,masline 100gr,sos(tzatziki,maioneza castraveti,tyrocafteri)240gr

Ingrediente :Carne pui 92%,apa,sare condiment,aroma de lamiae,proteina de soia,cartofi pisati,curry,acetat sodium,citrat de sodium,antioxidanti,acid ascorbic.

Valori nutritionale 100gr : 1033kj,247 kcal,grasime 19gr,acizi grasi saturati 5gr,carbohidrati 0.3gr,proteina 18gr,sare 1gr

Carne porc 93%,apa,ceapa,sare,condiment,proteina de soia,cartofi pisati,curry,fibre de grau,mustar,acetat de sodium,citrate de sodium,antioxidanti,acid ascorbic

Valori nutritionale 100gr : 1317kj,315 kcal,grasime 28gr,acizi grasi saturati 10gr,carbohidrati 10gr,proteina 14gr,sare 0.9gr

Alergeni: Poate contine urme de mustar,lactoza,oua. Produs Congelat

Ingrediente :Carne de pui dezosata 70%,bacon afumat 29%,carne de porc 85%,apa,sare,amidon de cartofi,dextroza,gelatina,saruri trifosfate,proteine din lapte,aroma imbunatatire,glutamate monosodic,antioxidanti,proteina din soia,nitrat de sodiu,extract de drojdie,condiment produse afumate,arome,acetat de sodiu,citrate de sodiu,antioxidanti:ascorbat de sodiu,acid ascorbic.

Produs Congelat

Valori nutritionale 100gr : 156kcal/548kj,grasimi 8.2gr,grasimi saturate 3.1gr,carbohidrati 0.4gr,zahar 0.2gr,fibre 0gr,proteine 19.1gr,sare 1.8gr

Ingrediente : Carne de pui 60%,pesmet(faina de grau,dextroza,sare,drojdie),ou,ulei vegetal(floarea soarelui,rapita),apa,sare,amidon de tapioca,maltodextrine. Produs congelat.

Valori nutritionale 100gr : 852kj/204kcal,grasimi 10.5gr,acizi grasi saturati 1.2gr,glucide 14gr,zaharuri 0.7gr,proteine 13gr,sare 1.8gr

Ingrediente : Carne tocata 87%(carne vita,carne porc),apa,sare,zaharuri,dextroza,drojdie,faina de grau,protein din soia,amidon din cartofi,fibre de grau,legume deshidratate,patrunjel,condiment,mustar(contine soia),acid citric,agent de inmuiere:bicarbonate de sodiu

Poate contine urme de lactoza,oua. Produs congelat.

Valori nutritionale 100gr:1217kj/281kcal,grasimi 24gr,grasimi saturate 10gr,carbohidrati 2gr,zahar 0gr,fibre 1gr,protein 17gr,sare 2gr

Ingrediente : 63% carne de porc, 7% carne de curcan, 20% grăsimi, 7% praz, sare, condimente, extract de paprika, grâu, sirop de glucoză, maltodextrină.

Conservanți: nitrit de sodiu. Antioxidant: sarcobarbital de sodiu.

Emulsifiant: polifosfați de sorbitol, regulator de aciditate: acid citric.

Intensificator de aromă: glutamat de sodiu.

Produsul poate conține Urme de muștar, țelină, ouă și lapte. Produs congelat.

Valori nutritionale 100gr :1237kj,233kcal,grasimi 26.31gr,acizi grasi saturati 10,1gr,carbohidrati 2.1,fibre 0.1gr,proteine 13.35gr,sare 1.45gr

Cartofi

Valori nutritionale 100gr : 512kj,123kcal,proteina 2.40gr,grasimi 3.20gr,grasimi saturate 0.40,grasimi trans 0,carbohidrati 19.80gr,fibre 2.5gr,sare 20mg.Produs Congelat.

Pita

Ingrediente : faina de grau,apa,faina secura,drojdie,ulei vegetal floarea soarelui,zahar,sare,conservant propionate de calciu

Valori nutritionale 100gr :1189kj, 282kcal,grasimi 5gr,grasimi saturate 0.8gr,carbohidrati 48,9gr,zahar 3.8gr,fibre 3.5gr,proteina 8.5gr,sare 1.51gr

Alergeni: Poate contine urme de urme de ou,soia,lapte. Produs congelat

Rosii

Valori nutritionale 100gr : 18kcal,grasimi 0.2gr,proteina 0.9gr,carbohidrati 3.9gr,fibre 1.2gr

Ceapa

Valori nutritionale 100gr : 39kcal,grasimi 0.1gr,proteina 1.2,carbohidrati 8.3gr,fibre 1.4gr

Tyrokafteri

Ingrediente : Amestec de branza 50%,branza de lapte,branza alba,edesma(lapte degresat,ulei de palmier,protein din lapte,emulgatori : monodigliceride acizi grasi,stabilizatori:amidon modificat,gelatin,fermenti lactici)maioneza(ulei rafinat de soia,apa,galbenusuri de oua,otet de vin,mustar.Stabilizatori:amidon modificat,guma xantan,guma guar,regulator de aciditate,acid citric),apa,ardei verzi picante 4%,amidon modificat,sare,arome,conservanti,sorbat potasiu,benzoate de sodiu.

Valori nutritionale 100gr: 1059kj/251kcal,grasimi 22.4gr,acizi grasi saturati 11.4gr,glucide 2.8gr,zahar 1.1gr,proteina 9.7gr,sare 1.8gr

Poate contine urme de celerie,soia,peste si sulfatase

Maioneza cu castraveti murati

Ingrediente : Ulei floarea soarelui 53%,apa 30%,zahar,otet,mustar,boabe mustar,sare,amidon modificat,acidifiant(acid lactic),stabiliztor(guma xantan),praf de ou integral 0.3%,conservanti (benzoate de sodiu,sorbat de potasiu)antioxidanti(calciu disodic edta),colorant(carotene)

Valori nutritionale 100gr : 2119kj/514kcal,grasimi 53gr,acizi grasi saturati 6gr,glucide 8.5gr,zahar 6.6gr,protein 0.2gr,sare 1.5gr

Castraveti murati

Ingrediente : **Castraveti,apa,sare,regulator de aciditate(E260-E330)Stabiliator E509,conservanti E202**

Valori nutritionale 100gr : 14.5kcal,grasimi 0.42gr,grasimi saturate 0.33gr,protein 0.91gr,carbohidrati 1.77gr,fibre 0.8gr,sare 4.52gr

Tzatziki

Ingrediente : sare,oregano

laurt – Valori nutritionale 100gr :506kj/122kcal,grasimi 10gr,grasimi saturate 10gr,carbohidrati 4gr,zahar 4gr,proteina 4gr,sare 0.20gr

Castraveti – Valori nutritionale 100gr : 12kcal,grasimi 0.2gr,proteina 0.6gr,carbohidrati 2.2gr,fibre 0.7gr

Masline kalamon

Valori nutritionale 100gr : 200kcal/824kj,grasimi 18.6gr,grasimi saturate 3.1gr,carbohidrati 2.4gr,zahar 0.1gr,fibre 8.7gr,protein 1.5gr,sare 5.40gr

